

Long Term Whole School Curriculum Plans

PSHE & RSE

	Autumn		Spring		Summer	
Reception	Can anyone be a hero?	Into the woods	Are we nearly there yet?	The great minibeast adventure	Around the World	On the farm
	Being me in my World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Self-Identity Understanding feelings Being in a classroom Being gentle Rights & Responsibilities 	<ul style="list-style-type: none"> Identifying talents Being special Families Where we live Making friends Standing up for yourself 	<ul style="list-style-type: none"> Challenges Perseverance Goal setting Overcoming obstacles Seeking help Jobs Achieving goals 	<ul style="list-style-type: none"> Exercising bodies Physical activity Healthy food Sleep Keeping clean safety 	<ul style="list-style-type: none"> Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend 	<ul style="list-style-type: none"> Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Year 1	Under water adventure	Carnival of the animals	Destination outer space	Fill up, fuel up	Once upon a time	Knights and Dragons
	Being me in my World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Feeling special and safe Being part of a class Rights & responsibilities Rewards and feeling proud Consequences Owning the learning charter 	<ul style="list-style-type: none"> Similarities & differences Understanding bullying and how to deal with it Making new friends Celebrating differences in everyone 	<ul style="list-style-type: none"> Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievements with partners Tackling new challenges Identifying and overcoming obstacles Feelings of success 	<ul style="list-style-type: none"> Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety Household items Road safety Linking health and happiness 	<ul style="list-style-type: none"> Belonging to a family Making friendships / being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships 	<ul style="list-style-type: none"> Life cycles- animal & human Changes in me Changes since being a baby Differences between female and male bodies Linking growing and learning Coping with change Transition
Year 2	Master makers	Buses and Bikes	The living rainforest	Magic Library	Lets all go to London	Sailing on..... (Pirates)
	Being me in my World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	<ul style="list-style-type: none"> Hopes and fears Rights & responsibilities Rewards & consequences Safe and fair Valuing contributions Choices Recognising feelings 	<ul style="list-style-type: none"> Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating differences and remaining friends 	<ul style="list-style-type: none"> Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success 	<ul style="list-style-type: none"> Motivation Healthier choices Healthy eating and nutrition Healthier snacks and sharing food 	<ul style="list-style-type: none"> Different types of family Physical contact boundaries Friendships and conflict Secrets Trust and appreciation expressing appreciation for special relationships 	<ul style="list-style-type: none"> Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies Assertiveness Preparing for transition